**MARKETING SHEET COPY**

**Author**

**Mentor**

**Mindful Media Entrepreneur:  Teller of Stories Typically Untold**

**Creator of the Happiness 360: Fearless Listening ™ Methodology**

Using her unique insight into music, voice, and vibration, Traciana developed a process to leverage sound in order to produce results for living your best life and performing as your best self.

Traciana Graves is a native New Yorker who grew up between Harlem and Paris. She is the mother of a teenage son and a tea aficionado. Voted by **The Huffington Post** as one of **"America's Most Fearless Women**," for the work that she has done in leadership and workforce, and personal development, her insights are regularly featured on national media outlets. Traciana believes that “Using the unique power of our voice, we have the power to change the world.” Her belief has garnered her status as an internationally acclaimed vocalist (former background vocalist **Celine Dion** and six-time Grammy award-winners **Steel Pulse**), a motivational speaker, organizational development consultant, and a digital activist. As an extension of the deep work she has accomplished with leaders in the private and corporate sectors, she founded **The Visionary Leader Network ™ (The VL Network ™)**- a global media and training platform that facilitates Fearless Listening Leadership, Cultures, and Visionary Ventures to mindfully cultivate our best self, connect to our boldest possibilities, and manifest professional and personal actualization.

More profoundly, Traciana discovered how to leverage her practical experiences with the research she achieved during her academic tenure at the **Sorbonne**, **Georgetown University,** and **New York University**. This discovery is the foundation for her development of **Happiness 360 and The Fearless Listening™ Methodology,** a powerful process for unlocking the hidden human potential.

Traciana has seen, practiced, and facilitated the "power of voice," which can shape a person, a community, and culture.  She believes that "We are all connected by breath. And through breath, music is our human ability to focus our intentions."  Because of her significant experiences and beliefs, Traciana developed the **One Sound On technique to create vocal connections through song, guided meditation, and story share.** The technique leverages the power of community and fosters Fearless Listening Cultures and Fearless Listening Embodiment.

During **One Sound On** keynotes, town halls, and workshops, Traciana helps participants create powerful shifts in their personal narrative and interpersonal collaboration. Whether for work performance or personal living, these powerful townhalls facilitate a stronger, more inclusive workplace and personal culture.

Traciana is pleased to offer:

* Fearless Listening: One Sound On Keynote
* Happiness 360: One Sound On Workshop Intensives and Retreats
* One Sound On Townhall Shares

**Performance Keynotes and Workshops**

***Each Keynote and Workshop Retreat features Traciana's One Sound On Format, guided Meditation, Sound, and Story Shares.***

**One Sound On Keynotes feature:**

* Guided Sound and Story Share that meets the specific goals of your company, institution, association, conferences, and group gathering
* An opportunity for attendees to cultivate greater cultural competency and respect is essential for highly engaged teams.
* Experiential activities that help the audience to develop a community for deeper connection, collaboration, and networking.

**PERFORMANCE FEARLESS LISTENING: ONE SOUND ON KEYNOTES**

 **Fearless Listening Leadership: How To Become A One Sound On Happiness 360 Leader**

In this interactive presentation, Traciana shares best practices for developing a blueprint for Fearless Listening Leadership. In this keynote, she provides the foundational strategies to help leaders develop Fearless Listening Leadership necessary for building listening cultures. Participants will develop a comprehensive outline for how fearless listening leadership works and the need for the shift toward this style of ***leadership***.

The delivery leverages the **One Sound On Technique for leaders to explore:**

* Leading cultures, armored with fearless listening skills
* Establishing an outline for how fearless listening leadership works
* Leveraging the understanding of why every leader needs to shift toward this style of leadership
* Building meaningful working relationships and leveraging them to increase stakeholder satisfaction

**Fearless Listening Cultures: How to Create a Happiness 360 Culture & Teams**

Traciana shares how executives, mid-level managers, and their teams can effectively become equipped with the knowledge and tools to begin building cultures that transcend the familiar “diverse and team-oriented” environments.  Learners are invigorated as they learn what it takes to develop a Fearless Listening Leadership Culture.

**Listening and Including Voices That Aren’t Like Yours**

Traciana’s timely keynote provides leaders with essential tools for learning to listen to, respect, and solicit diverse ideas and voices that are not like their own.  This training leverages the power of storytelling, as leaders gain more foundational knowledge in listening with the intent to understand. As many leaders have begun to embrace diversity and inclusion through action, we see top global leaders taking on the CEO pledge. They understand that this pledge requires a listening strength and an acknowledgment that conversations have to be addressed fearlessly with a sound follow-through of acting on what they learn.

This keynote demonstrates how to discover the total of the stakeholders who are impacted by and who can further impact the success of your organization.

**PERFORMANCE Happiness 360: One Sound On Workshop Intensives**

**Workshops can feature One Sound On Community Meditation, Sound, and Story Share.**These customized workshops are available for half-day, 1-day, 2-day, and up to 5-day intensives.

**One Sound On Intensive Workshops can:**

* Vary in length from a half-day to 3-5 days
* Can be customized for your company's specific needs to work in tandem with Traciana Graves' **Fearless Listening Leadership Cultures or Fearless Listening Personal Success Methodologies** as well as your group or audience's personal goals.
* Afford leaders and their team members with a heightened understanding of how inclusive cultures benefit the productivity and innovation of every team.
* Provides critical opportunities to create a long-lasting and authentic connection

**Happiness 360 Fearless Leadership**

Leadership is fundamental in many aspects of living and certainly in aspects of happiness. More specifically, **Happiness 360 Fearless Leadership** focuses on incorporating leadership into your Happiness 360 journey. Professionals in leadership roles often find themselves stomped with personal challenges that spill over into their work lives. Often, this may be because there is a lack of happiness incorporated in the task at hand. Leadership takes many forms, and the essence of it involves both a professional delivery and a personal connection.

Our workshops and keynotes address your Happiness 360 Fearless Leadership journey and focus explicitly on the most prevalent challenges in today’s society. We lean into three learning outcomes: Listening and Communication, Empowerment, and Relationship Building – all tethered to foundational principles. Traciana explains the “why” behind Fearless Leadership and its absolute tie to Happiness 360.

**Happiness 360 Fearless Listening Cultures and Teams Listening and Leadership Cultures 101**

**2-DAY WORKSHOP**

Leaders in every industry prioritize innovation but are frustrated with how long it takes to bring breakthroughs to market. According to bestselling author and consultant Tim Sanders, the best way to speed up the innovation process is to promote a culture of collaboration across your organization and externally with partners, customers, and teams.

Great leaders are taking center-stage, but not to perform – to listen.  Once upon a time, employees raved about good leaders having an open-door policy.  Well, just opening the door to listen no longer shows a commitment to transform the culture.

This type of proactive progressiveness requires highly-effective leaders who are not afraid of exercising an innovative style.  It requires a fearlessness that propels the organization and each team member to the next level.

Our 2-Day Happiness 360 Workshop focuses on **Fearless Listening Cultures and Teams and also Listening and Leadership Cultures**

By introducing critical elements of what it takes to create new team dynamics and cultures, we demonstrate how Happiness 360 plays a vital role. We elaborate on learning objectives such as:

Learning Objectives

* Learning to train and strengthen your Fearless Listening Leadership Skills in your personal and professional life
* How to empower, engage and provide effective feedback through listening leadership, and
* Understanding how to foster and facilitate change in a listening leadership culture

**Diversity & Inclusion: Strength to Listen to Voices Unlike Your Own**

**WORKSHOP**

Society, in all its forms, is experiencing an uprising of voices. In the workplace, the religious community, schools and colleges, in the healthcare industry, government, and even in homes. Unfortunately, many feel ill-equipped to address the divisiveness that plagues these institutions.

 Students, individuals, small companies, large corporations, and more must find a way to attain greater cultural competency and the respect that is essential in maneuvering through these uncomfortable times.  This workshop cracks the code on diversity, inclusion, and finding the strength to listen to voices unlike our own.

This critical delivery was designed to address the pain points that society is experiencing during this current perilous time. It helps attendees learn and understand more about the questions that are looming in their hearts and minds and to voice them with transparency and authenticity.

The workshop creates a safe space for learners to hear more and say more about what they may believe has gone unheard, unnoticed, unappreciated, or undesired for so long. The workshop will equip attendees with essential tools for learning to listen to, respect, and solicit diverse ideas and voices that are not like their own.

This training also leverages the power of storytelling, as leaders gain more foundational knowledge in listening with the intent to understand. Explore learning objectives like:

* Identifying the greatest misconceptions about achieving optimal workplace tribes and multi-cultural collaboration
* Learning best practices for appreciating and benefiting from each team member’s diverse perspectives, background, and culture, and
* Finding the strength to listen to voices unlike your own

 **Living Keynotes and Workshop Intensives**

**LIVING FEARLESS LISTENING: ONE SOUND ON KEYNOTES**

**One Sound On Keynote are customized to feature:**

* Guided Sound and Story Share that meets the specific goals of your company, institution, association, conferences, and group gathering
* An opportunity for attendees to cultivate greater cultural competency and respect is essential for highly engaged teams.
* Experiential activities that help the audience to develop a community for deeper connection, collaboration, and networking.

**HAPPINESS 360 PERSONAL SUCCESS: LIVING A FEARLESS LISTENING LIFE**

VLN’s Happiness 360 for personal success includes Fearless Listening Living. Our workshops and keynotes will incorporate One Sound On techniques to nourish your Happiness 360 journey. Our intensives will help you achieve greater personal and professional success for daily living.

Rather than forging an uncharted path to discover possibilities and purpose, Fearless Listening leverages the secrets and blueprint for global success that are traditionally lost. We mindfully cultivate our best selves, connect to our boldest possibilities, and manifest professional and personal actualization (our purpose).

Happiness 360: Fearless Listening Living leverages and incorporates four unique global intelligences to create a new formula for success: human, generational, spiritual, and emotional intelligence.

Attendees will discover how greater mindfulness, presence awareness, and a deeper connection to sources in everyday moments help elevate you to Living a Fearless Listening Life.

**LIVING Happiness 360: One Sound On Workshop Intensives and Retreats**

**One Sound On Intensive Workshops can:**

* Vary in length from a half-day to 3-5 days
* Can be customized for your company's specific needs to work in tandem with Traciana Graves' **Fearless Listening Leadership Cultures or Fearless Listening Personal Success Methodologies** as well as your group or audience's personal goals.
* Afford leaders and their team members with a heightened understanding of how inclusive cultures benefit the productivity and innovation of every team.
* Provides critical opportunities to create a long-lasting and authentic connection

**ONE SOUND ONE TOWNHALL EXPERIENCES & CONCERTS**

**Creating Vocal Connections Through Song, Sound Meditation, and Story Share**

Traciana Graves’ One **Sound On** technique integrates elements of the key timeline of global music, song, and vibrations. **Through guided vocal connection, meditation, song, sound, and story share, One Sound On** transcends language and our barriers, invoking our core connections. The **One Sound On** technique combines Fearless Listening and the power of voice, breath, story share, and sound. You can leverage this technique to transform the environment and cultures around you. Traciana Graves is pleased to offer the following formats:

 **One Sound On TG in Concert** features:

* Traciana Graves in concert in acoustic or band formation
* Healing through Sound

**One Sound On (2-Hour) Townhall: Experiences Creating Community Through Vocal Connection provide:**

* Handpicked discussion topics curated from our, **Editorial Calendar Topics** for groups, organizations, and institutions
* Holistic community and profound networking opportunities Interactive audience-driven discussion
* Guided Sound Healing, Meditation, and Story Share

**To Connect or Book with Traciana:**

* **(web icon) VLNetwork.com/Booking**
* **(Email icon) Booking@VLNetwork.com**
* (**Phone icon)****(914)-348-1899**

**WEBSITE COPY FOR TG SPEAKING**

(Subtabs: the copy that is NOT bolded links to a different page-- the copy that is bolded is the actual page)

* **keynotes**
* **workshops**
* **praise**
* one sound on
* booking
* videos

**HI, I AM TRACIANA**

**THANK YOU FOR YOUR INTEREST IN MY WORK!**

**I AM SO GLAD YOU’RE HERE!**

I created The Visionary Leader Network ™, a global media and training platform, to be the *‘go-to destination* for visionary leaders to achieve greater profits, faster progress, and deeper personal connections. My journey to fulfill the VLN mission led me to explore more laser-focused ways to form connections. So, I incorporated the many lessons I learned along the way with my personal core beliefs to create methodologies and techniques that help individuals understand and form deeper connections.

I believe we are all connected by breath. And through breath, music is our human ability to focus our intentions through sound vibration to build empathy and create social connection.

**Using** music psychology **and incorporating extensive research,** I developed the **One Sound On Technique.** The technique interweaves song, music, story share, and vibration **to create a Fearless Listening Community and Embodiment.** Research supports my belief that [music is pleasurable and plays a key role in our mental and physical well-being](https://greatergood.berkeley.edu/article/item/four_ways_music_strengthens_social_bonds). In fact, one study shows that music changes our brain circuits and gives us the ability to build empathy, trust, and cooperation.

**Through guided vocal connection, meditation, song, sound, and story share, One Sound On** transcends language and our barriers, invoking our core connections. You can leverage this technique to transform the environment and cultures around you. **One Sound On** also **harnesses** **the power of community**. We make the technique available in our customized learning communities, like:

* + One Sound On Townhall Experiences
	+ One Sound On Summits
	+ One Sound On Keynotes & Workshops
	+ One Sound On In Concert

**My Personal Core Manifesto**

I have seen, practiced, and facilitated the "power of voice," which can shape a person, a community, and culture. I believe that it is essential to cultivate One Sound On opportunities daily to embody the most profound elements of what makes us remarkably designed to fulfill both our individual purpose and professional endeavors. This is my philosophy, mission, and purpose that is the cornerstone of every action I take.

The **One Sound On** technique combines Fearless Listening and the power of voice, breath, story share, and sound. This distinct merge between the two concepts allows us to create powerful shifts in personal narratives and interpersonal collaboration. The technique builds on **Fearless Listening ™ Methodology** principles and infuses them with the worldwide communication system known as sound and song. While many individuals and groups have either targeted communication through song or developed tools such as listening techniques, VLN has strategically taken the most essential elements of the two concepts, expounded on foundational principles, and determined how the One Sound On technique makes us all remarkable.

**How I Have Fulfilled My Quest**

**Voted by the Huffington Post as one of "America's Most Fearless Women,”** for the work I have done with fortune 500 companies, the **WNBA,** hundreds of higher education institutions, shelters, and prisons, I have had the opportunity to share my expertise as a **leadership strategist, workforce development consultant and potent coach**.  My insights are regularly featured on national media outlets. I have also fulfilled my quest as an **internationally acclaimed vocalis**t (former background vocalist for **Celine Dion** and six-time Grammy award-winners **Steel Pulse**), a **motivational speake**r, and a digital activist.

**My Bonafides**

**The One Sound Technique and My Fearless Listening ™ Methodology** leverage my practical experiences with the research I achieved during my academic tenure at the **Sorbonne**, **Georgetown University,** and **New York University**.

**Ways to Connect With Me**

I invite you to explore the Ways to Connect With Traciana section below to learn about working with me, booking me as a speaker, training resources, my Virtual Tea Room, and free media resources that I have developed based on my core beliefs.

**MOST REQUESTED TOPICS**

Today, Traciana serves as a powerhouse to deliver some of the most relevant and urgent keynotes for individuals and businesses of all sizes. Over the past decade, Traciana’s most requested speaking topics include and among the most notable are:

**PERFORMANCE FEARLESS LISTENING: ONE SOUND ON KEYNOTES AND WORKSHOPS:**

**Fearless Listening Leadership: How To Become A One Sound On Happiness 360 Leader**

In this interactive presentation, Traciana shares best practices for developing a blueprint for Fearless Listening Leadership. In this keynote, she provides the foundational strategies to help leaders develop Fearless Listening Leadership necessary for building listening cultures. Participants will develop a comprehensive outline for how fearless listening leadership works and the need for the shift toward this style of ***leadership***.

The delivery leverages the **One Sound On Technique for leaders to explore:**

* Leading cultures, armored with fearless listening skills
* Establishing an outline for how fearless listening leadership works
* Leveraging the understanding of why every leader needs to shift toward this style of leadership
* Building meaningful working relationships and leveraging them to increase stakeholder satisfaction

**Fearless Listening Cultures: How to Create a Happiness 360 Culture & Teams**

Traciana shares how executives, mid-level managers, and their teams can effectively become equipped with the knowledge and tools to begin building cultures that transcend the familiar “diverse and team-oriented” environments.  Learners are invigorated as they hear what it takes to develop a Fearless Listening Leadership Culture.

Leaders in every industry prioritize innovation but are frustrated with how long it takes to bring breakthroughs to market. According to bestselling author and consultant, Tim Sanders, the best way to speed up the innovation process is to “promote a culture of collaboration across your organization and externally with partners, customers, and teams.”

Great leaders are taking center-stage, but not to perform – to listen.  Once upon a time, employees raved about good leaders having an open-door policy.  Well, just opening the door to listen no longer shows a commitment to transform the culture.

This type of proactive progressiveness requires highly-effective leaders who are not afraid of exercising an innovative style.  It requires a fearlessness that propels the organization and each team member to the next level.

**2-Day Happiness 360 Workshop: Intensive 1 - Fearless Listening Cultures and Teams; Intensive 2 - Listening and Leadership Cultures**

By introducing critical elements of what it takes to create new team dynamics and cultures, we demonstrate how Happiness 360 plays a vital role. We elaborate on learning objectives such as:

* Define and understand the personal and professional benefits of Fearless Listening Leadership
* Understand how to develop a practice for cultivating Fearless Leadership and begin to practice the five areas of Fearless Listening Leadership
* Learn to train and strengthen your Fearless Listening Leadership Skills in your personal and professional life
* Learn to develop a listening leadership culture
* How to empower, engage and provide effective feedback through listening leadership
* How to develop and leverage leadership listening skills to adjust verbal and non-verbal communication
* Understand how to foster and facilitate change in a listening leadership culture

This critical training leverages the One Sound On technique and supports managers and employees in developing a unique way to build a stronger, deeper culture of creativity and communication. Attendees are:

* Equipped with the knowledge and tools to begin building cultures that transcend the common “diverse and team-oriented” environments
* Invigorated as they learn what it takes to develop a Fearless Listening Leadership Culture
* Taught to understand the deeper connections available to leaders through their affiliates, partners, and customers
* Able to create a process for building a strong following and support system for the business vision and goals

**The Strength to Listen: Creating Happiness 360 Through Diversity & Inclusivity**

Society, in all its forms, is experiencing an uprising of voices. In the workplace, the religious community, schools, and colleges, in the healthcare industry, government, and even in homes. Unfortunately, many feel ill-equipped to address the divisiveness that plagues these institutions.

 Students, individuals, small companies, large corporations, and more must find a way to attain greater cultural competency and the respect that is essential in maneuvering through these uncomfortable times.  This workshop cracks the code on diversity, inclusion, and finding the strength to listen to voices unlike our own.

This critical delivery was designed to help leaders and their teams address the pain points that society is experiencing during this current perilous time. It helps attendees learn and understand more about the questions that are looming in their hearts and minds and to voice them with transparency and authenticity.

The workshop creates a safe space for learners to hear more and say more about what they believe has gone unheard, unnoticed, unappreciated, or undesired for so long. The workshop equips attendees with essential tools for learning to listen to, respect, and solicit diverse ideas and voices that are not like their own.

This training also leverages the power of storytelling, as leaders gain more foundational knowledge in listening with the intent to understand using the One Sound On technique.

Attendees learn:

* Why it is essential to leverage Fearless Listening to find happiness and as well as to create happiness for others
* The definition and characteristics of diversity and inclusion
* How diverse and inclusive workforces benefit their organization's effectiveness in recruiting, hiring, retention, customer loyalty, and productivity
* The critical role that diversity/inclusion play in leveraging anti-harassment, discrimination, and workplace bias programs
* How to conduct an inclusion-risk assessment in your organization and team
* Best practices for creating diversity/inclusivity initiatives in organizations that are faced with non-inclusive teams

 Learning Objectives

* Learn how diverse and inclusive workforces and teams benefit their organization's effectiveness
* Understand the critical role that diversity and inclusion play in leveraging anti-harassment, discrimination, and bias programs in companies, on campuses, and in other types of organizations
* Discover how to create a culture of safety and inclusion that is guaranteed to help your organization improve its culture, inclusivity, and productivity
* Identify the greatest misconceptions about achieving optimal workplace tribes and multi-cultural collaboration
* Learn best practices for appreciating and benefiting from each team member’s diverse perspectives, background, and culture
* Find the strength to listen to voices unlike your own
* Understand the importance of others’ stories

**PERFORMANCE Happiness 360: One Sound On Workshop Intensives**

**Each workshop can feature One Sound On Community Meditation, Sound, And Story Share.**

**One Sound On Intensive Workshops can:**

* Vary in length from a half-day to 3-5 days
* Be customized for your company's specific needs to work in tandem with Traciana Graves' **Fearless Listening Leadership Cultures or Fearless Listening Personal Success Methodologies** as well as your group or audience's personal goals
* Afford leaders and their team members with a heightened understanding of how inclusive cultures benefit the productivity and innovation of every team.
* Provide critical opportunities to create a long-lasting and authentic connection

 **Happiness 360 Fearless Leadership**

Leadership is fundamental in many aspects of living and certainly in aspects of happiness. More specifically, **Happiness 360 Fearless Leadership** focuses on incorporating leadership into your Happiness 360 journey.

Professionals in leadership roles often find themselves stomped with personal challenges that spill over into their work lives. Often, this may be because there is a lack of happiness incorporated in the task at hand. Leadership takes many forms, and the essence of it involves both a professional delivery and a personal connection.

Our workshops and keynotes address your Happiness 360 Fearless Leadership journey and focus explicitly on the most prevalent challenges in today’s society. **We lean into three learning outcomes: Listening and Communication, Empowerment, and Relationship Building** – all tethered to foundational principles. Traciana explains the “why” behind Fearless Leadership and its absolute tie to Happiness 360.

**LIVING**

**Living: Keynotes and Workshop Intensives**

**LIVING FEARLESS LISTENING: ONE SOUND ON KEYNOTES**

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* Experiential activities that help the audience to develop a community for deeper connection, collaboration, and networking.

**Happiness 360 Personal Success: Living a Fearless Listening Life**

VLN’s Happiness 360 for personal success includes Fearless Listening Living. Our workshops and keynotes incorporate One Sound On techniques to nourish your Happiness 360 journey. Our intensives help you achieve greater personal and professional success for daily living.

Rather than forging an uncharted path to discover possibilities and purpose, Fearless Listening leverages the secrets and blueprint for global success that are traditionally lost. We mindfully cultivate our best selves, connect to our boldest possibilities, and manifest professional and personal actualization (our purpose).

Happiness 360: Fearless Listening Living leverages and incorporates four unique global intelligences to create a new formula for success: human, generational, spiritual, and emotional intelligence.

Attendees discover how greater mindfulness, presence awareness, and a deeper connection to sources in everyday moments help elevate you to Living a Fearless Listening Life.

**Happiness 360: One Sound On – Living, Workshop Intensives and Retreats**

**One Sound On Intensive Workshops can vary in length from a half-day to 3-5 days**

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**ONE SOUND ON TOWNHALL EXPERIENCES AND CONCERTS**

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* Guided Sound Healing, Meditation, and Story Share

**Ways to Connect With Traciana**

* **(web icon) VLNetwork.com/Booking**
* **(Email icon) Booking@VLNetwork.com**
* (**Phone icon)****(914)-348-1899**

 **Testimonials**

* Traciana’s presentation was energizing and enlivening. One of the best sessions of this [Two Day Conference]. She got the audience really engaged.” D’lapa Erode, Senior Finance Analyst
* “I was thrilled to hear Traciana speak about expanding the definition of diversity. I would recommend that anyone who has the opportunity to hear speak to do so” Janel Hoffman, NYC SHRM Co-Chair & Alignment HR Founder
* “[Traciana’s workshop] was really beautiful. I didn’t think that there would be so much open sharing in the room. I wish I could bring moments like this into the bigger company. It was great to see people asking questions, being vulnerable and sharing insights, as well as providing guidance to each other without fear. Making moments like this of welcoming communities at a larger scale is exactly what I want to do.” Jennifer McKaig, Social Impact Lead,  Etsy “
* Really motivating, eye-opening, and the refreshing reminder I needed to “Be Fearless” Executive Assistant at EY
* Traciana’s keynote helped me to have a different perspective about believing in myself, knowing how to find courage and how to believe in my own ability to succeed.” Jennifer Urias-Co - Founder at Urias Custom Remodeling
* I am so grateful for Traciana who brings to light, in today’s environment, what is required to lift up our leadership, our communities around creating better companies and a better nation for all of us.

Joset Wright-Lacy

President

National Minority Supplier Development Council (NMSDC)

* Ms. Traciana Graves, today’s empowering speaker, I would say that if you missed the “Say Something Beautiful” presentation, you missed a real BARN-BURNER! I mean, a really real, potentially life-altering message that affected everyone in attendance. And I will tell you the dream: that each one in attendance passes along what they’ve heard and experienced to those around them, and in doing so, have a dramatic impact on the world in which we live. GOOD STUFF! THANKS so much to whoever else was involved in bringing this wonderful speaker to our campus. And I am SO glad that I did not stay at my desk grading papers at noon today!

                                           Gina Lindsey, Clinton Community College

* **Traciana Graves’ *Fearless Listening ™ Methodologies* are incredible [methodologies] doing powerful work [because] I can’t say enough about how important it is to end the muting of people and shutting of down people’s vitality, confidence and dreams. We so deeply need to live in a different type of world where people live in vulnerability, openness, and kindness. I am just so proud that One Billion Rising joined with Traciana’s Fearless Listening ™ Methodologies create initiatives that do this work.”**

Eve Ensler, Author of [*The Vagina Monologues*](https://en.wikipedia.org/wiki/The_Vagina_Monologues),

Creator of *One Billion Rising*, and Founder of *The City of Joy*